

Happy Buddha Yoga

2 North Church St. Goshen, NY

845.239.8879

Monday

9:00am - 10:15am	The Universal Buddha	Liza
3:30pm - 4:45pm	The Universal Buddha	Lisa
5:30pm - 6:30pm	The Universal Buddha	Kelly
6:45pm - 8:00pm	The Basic Buddha	Brian

Tuesday

9:00am - 10:15am	The Universal Buddha	Jenese
5:30pm - 6:15pm	The Busy Buddha	David
6:45pm - 8:00pm	The Universal Buddha	Christina

Wednesday

9:00am - 10:15am	The Universal Buddha	Kelly
10:30am - 11:30am	The Bodacious Buddha	Meredith
12:15pm - 1:00pm	The Busy Buddha	Jenese
4:15pm - 5:00pm	Kid's Yoga	Tami
5:30pm - 6:30pm	The Universal Buddha	Ali
6:45pm - 8:45pm	Buddha Delight	Kelly

Thursday

7:00am - 8:00am	The Universal Buddha	Charleen
9:00am - 10:15am	The Universal Buddha	Kelly
5:30pm - 6:30pm	The Universal Buddha	David
6:45pm - 8:00pm	The Universal/Basic Buddha	Melissa
8:15pm - 9:15pm	The Universal Buddha	Meredith

Friday

9:00am - 10:15am	The Universal Buddha	Melissa
10:30am - 11:30am	Yin Yoga	Kelly
12:15pm - 1:00pm	The Busy Buddha	Kelly

Saturday

9:00am - 10:15am	The Bodacious Buddha	Kelly
10:30am - 11:45am	The Universal Buddha/Basic Buddha	Christina

Sunday

9:00am - 10:00am	The Karmic Buddha **Donation Only Class	David
10:30am - 11:45am	The Universal Buddha	Kelly

Single Class \$15 5 Classes 2 month expiration \$65 10 Classes 3 month expiration \$120

For more information, go to:

www.happybuddhayoga.com